



VELUMANOHARAN ARTS AND SCIENCE COLLEGE FOR WOMEN

"EMPOWERING WOMEN FOR CHANGE"

(An Educational Initiative under Velumanoharan Health and Educational Trust)

(Affiliated to Alagappa University- Karaikudi, Recognized by UGC Under Section 2(F))

Marappalam, Peravoor Post, Ramanathapuram

DEPARTMENT OF PHYSICAL EDUCATION

ANNUAL REPORT 2023-2024

INTRODUCTION

Velumanoharan Arts and Science College's for Women Sports and Games are comprehensive programmes that incorporate many activities during an academic year. Activities available to Students encompass indoor and outdoor sports such as Basketball, Badminton, Chess, Carrom, Table tennis, Volleyball, Kho-Kho, Football, Ball badminton, Yoga, and many other worthwhile recreational choices. At vmascw we encourage our student to become fully involved in the Sports programme in order to take advantage of the opportunities being offered. The eclectic mix of activities gives our College a vibrant atmosphere and gives the students the opportunity to become risk takers, make lasting friendships and develop skills and passions beyond the academic timetable.

OUTDOOR SPORTS FACILITIES

- Athletics /Track and Field
- Basketball
- Kho-kho
- Football
- Volleyball
- Cricket

INDOOR SPORTS FACILITIES

- Chess
- Table Tennis
- Yoga & camp; Recreation
- Volleyball
- Badminton
- Ball badminton

Our College Students have been actively competing at Tournaments for the Academic year 2023-2024. Our College Teams have been making their Presence felt as a Competitive team at

various SOUTH-ZONE and All India tournaments with their competitive Performance and Sportsman Spirit . This year the Velumanoharan arts and Science College's for Women University Teams have so far competed at the following Tournaments.

BASKET BALL :

In velumanoharan Arts and Science College Basketball womens 12 students have participated and got the Third prize in Alagappa University Inter collegiate tournament held at Pandiyan saraswathi yadav Arts and Science college in Aasanoor on 10.10.2023.



**BASKETBALL WOMEN TEAM THIRD PLACE IN PANDIYAN SARASWATHI
YADAV ARTS AND SCIENCE COLLEGE IN AASANOOR**

BADMINTON :

In velumanoharan Arts and Science College Badminton womens 5 students have participated and got the Fourth prize in Alagappa University Inter collegiate tournament held at Alagappa arts and science college in Karaikudi on 10.09.2023.



BADMINTON WOMEN TEAM FOURTH PLACE AT ALAGAPPA ARTS AND SCIENCE COLLEGE IN KARAISKUDI.

CHESS:

In velumanoharan Arts and Science College Chess womens 5 students have participated and got the Winner prize in Alagappa University Inter collegiate tournament held at Thassim beevi abdul kadar college for women college in keelakarai on 22.12.2023.



CHESS WOMEN TEAM WINNER PLACE AT ALAGAPPA ARTS AND SCIENCE

COLLEGE IN KARAISKUDI

CRICKET:

In velumanoharan Arts and Science College Cricket womens 16 students have participated and got the Third prize in Alagappa University Inter collegiate tournament held at Alagappa University college of physical Education in Karaikudi on 29.12.2023.



CRICKET WOMEN TEAM THIRD PLACE IN ALAGAPPA UNIVERSITY COLLEGE OF PHYSICAL EDUCATION IN KARAISKUDI.



CRICKET WOMEN TEAM THIRD PLACE IN ALAGAPPA UNIVERSITY COLLEGE OF PHYSICAL EDUCATION IN KARAISKUDI.

ALAGAPPA UNIVERSITY INTERCOLLEGIATE TOURNAMENT

PARTICIPATION OF OUR STUDENTS DURING 2023-2024

- In Kho-Kho Women's team 15 students have Participated and entered into 2nd round in Alagappa University intercollegiate tournament held at Thassim Beevi Abdul Kader College for Women in Kilakarai on 22.12 2023. Conducted by the Alagappa University College of Physical Education.
- In Table Tennis Women's team 5 students have Participated and entered into Semi-final Level in Alagappa University intercollegiate tournament held at Dr. Zakir Husain College in Illayangudi on 11.10. 2023. Conducted by the Alagappa University College of Physical Education.
- In Yoga Women's team 6 students have Participated and entered into 6th place in Alagappa University intercollegiate tournament held at Pasumpon Thiru Muthuramalinga Thevar Memorial College for Women in Kilakarai on 13.10.2023. Conducted by the Alagappa University College of Physical Education.
- In volleyball Women's team 12 students have Participated and entered into semi final level in Alagappa University intercollegiate tournament held at 16.12.2023 . Conducted by the Government arts and science college in karaikudi.
- In Ballbadminton Women's team 10 students have Participated and entered into semi final level in Alagappa University intercollegiate tournament held at 21.01.2024 Conducted by the Government arts and science college in Paramakudi.



**BALLBADMINTON WOMEN TEAM PARTICIPATE AT ALAGAPPA ARTS AND
SCIENCE COLLEGE IN PARAMAKUDI**

ATHLETICS :

Our College Athletics Women's team have participated and got Various Prizes in many Events in Alagappa University intercollegiate Athletics Competition held at Alagappa University College of Physical Education in karaikudi on 04.11.2023 to 05.11.2023. Conducted by Alagappa University College of Physical Education.

18 students from our College have participated in the Alagappa University intercollegiate Athletics Competition held at Alagappa University College of Physical Education in karaikudi on 04.11.2023 to 05.11.2023 Conducted by Alagappa University College of Physical Education.

In the Alagappa University intercollegiate Athletics Competition Sivaranjini II B.CA Won the IV Place in 1500mts, & 800mts held at Alagappa University College of Physical Education.



**ATHLETICS WOMEN TEAM PARTICIPATE AT ALAGAPPA COLLEGE OF
PHYSICAL EDUCATION KARAIKUDI**

UNIVERSITY SELECTED PLAYERS

Name of the Tournament	Sports	Name	Position

South Zone Inter-University 2022-2023	BasketBall	J.S Anubsha Ramani R.Dhivya Dharshini	Participated
South Zone Inter-University 2022-2023	Shuttle Badminton	S.Laksha A.Mahalakshmi	Participated
South Zone Inter-University 2022-2023	Chess	Dharani	Participated
South Zone Inter-University 2022-2023	Cricket	S.Naveena R.Vinothini	Participated
All india Inter-University 2023-2024	Ballbadminton	M.J.Lakshmiprabha	participated

DISTRICT LEVEL COMPETITION

- In the First District level yoga competition G.Sri Vishalini II B.COM Won the common category First place held at 03.09.2023 in organized by the Amrita Vidyalayam Kilakarai.
- In the First District level yoga competition M. Bavithra II B.COM Won the common category First place held at 03.09.2023 in organized by the Amrita Vidyalayam Kilakarai.



YOGA COMPETITION M. BAVITHRA II B.COM WON THE COMMON CATEGORY FIRST PLACE AT AMRITA VIDYALAYAM KILAKARAI

- In the First District level yoga competition N.Sarathi II B.COM Won the common category First place held at 03.09.2023 in organized by the Amrita Vidyalayam Kilakarai.
- In the First District level yoga competition V.Subiksha II B.COM Won the common category First place held at 03.09.2023 in organized by the Amrita Vidyalayam Kilakarai.
- In the First District level yoga competition M. Bavithra II B.COM Won the championship category second place held at 03.09.2023 in organized by the Amrita Vidyalayam Kilakarai.



YOGA COMPETITION M. BAVITHRA II B.COM WON THE CHAMPIONSHIP CATEGORY SECOND PLACE AT AMRITA VIDYALAYAM KILAKARAI

- In the First District level yoga competition V.Subiksha II B.COM Won the championship category participation held at 03.09.2023 in organized by the Amrita Vidyalayam Kilakarai.
- In the First District level yoga competition G.Sri Vishalini II B.COM Won the championship category participation held at 03.09.2023 in organized by the Amrita Vidyalayam Kilakarai.



YOGA COMPETITION G.SRI VISHALINI II B.COM WON THE CHAMPIONSHIP CATEGORY FIRST PLACE AT AMRITA VIDYALAYAM KILAKARAI

- In the District level 20th chess competition K.Harini II B.COM Won the Second Place held at 28.10.2023 in organized by the Velumanoharan Arts & Science College For Women & Chess Association Ramnad.
- In the District level 20th chess competition G.Sri Vishalini II B.COM Won the Tenth place held at 28.10.2023 in organized by the Velumanoharan Arts & Science College For Women & Chess Association Ramnad.
- In the District level 20th chess competition A.Dharani IInd MSC computer science Won the FifthPlace held at 28.10.2023 in organized by the Velumanoharan Arts & Science College For Women & Chess Association Ramnad.
- In the District level 20th chess competition R.Priya Ist B.com CA Won the Seventh place held at 28.10.2023 in organized by the Velumanoharan Arts & Science College For Women & Chess Association Ramnad.
- In the District level 20th chess competition N.Vibraja Ist BCA Won the Eighth place held at 28.10.2023 in organized by the Velumanoharan Arts & Science College For Women & Chess Association Ramnad.
- In the District level 20th chess competition U.Uma maheshwari II Microbiology Won the Eighth place held at 28.10.2023 in organized by the Velumanoharan Arts & Science College For Women & Chess Association Ramnad
- In the District level 20th chess competition Rethika Sri IInd B.com Participate held at 28.10.2023 in organized by the Velumanoharan Arts & Science College For Women & Chess Association Ramnad.
- In the District level 20th chess competition S.Salmi Ist B.CA in the Participate held at 28.10.2023 in organized by the Velumanoharan Arts & Science College For Women & Chess Association Ramnad.

- In the District level 20th chess competition N.Suvasthana Ist B.CA inthe Participate held at 28.10.2023 in organized by the Velumanoharan Arts & Science College For Women & Chess Association Ramnad.
- In the District level 20th chess competition Inthe Participate N.Suvasthana Participate held at 28.10.2023 in organized by the Velumanoharan Arts & Science College For Women & Chess Association Ramnad.
- In the District level 20th chess competition Inthe Participate S.Aishwarya held at 28.10.2023 in organized by the Velumanoharan Arts & Science College For Women & Chess Association Ramnad.
- In the District level 21st chess competition U.Uma maheshwari II Microbiology Won the Third place held at 25.02.2024 in organized by the & Mohamed Sathak Hameethu Arts & Science Women's college Chess Association Ramnad.



**CHES COMPETITION U.UMA MAHESHWARI WON THE THIRD PRIZE AT
MOHAMED SATHAK HAMEETHU ARTS & SCIENCE WOMEN'S COLLEGE
CHES ASSOCIATION RAMNAD**

- In the District level 21st chess competition R.Priya Ist B.COM CA Won the Eighth place held at 25.02.2024 in organized by the & Mohamed Sathak Hameethu Arts & Science Women's college Chess Association Ramnad.



EIGHTH PLACE HELD AT MOHAMED SATHAK HAMEETHU ARTS & SCIENCE WOMEN'S COLLEGE CHESS ASSOCIATION RAMNAD.

- In the District level 21st chess competition V.Vishalini II B.COM Won the Ninth place held at 25.02.2024 in organized by the & Mohamed Sathak Hameethu Arts & Science Women's college Chess Association Ramnad.
- In the District level 21st chess competition K.Harini II B.COM inthe Participate held at 25.02.2024 in organized by the & Mohamed Sathak Hameethu Arts & Science Women's college Chess Association Ramnad.
- In the District level 21st Inthe Chess competition N.Vibraja Ist BCA inthe Participate held at 25.02.2024 in organized by Mohamed Sathak Hameethu Arts & Science Women's college & Chess Association Ramnad.



**NINTH PLACE HELD AT 25.02.2024 IN ORGANIZED BY THE &
MOHAMED SATHAK HAMEETHU ARTS & SCIENCE WOMEN'S
COLLEGE CHESS ASSOCIATION RAMNAD**

- 15 Women's Students have participated in the District level Women's intercollegiate Silver Jubilee Volleyball Championship held at Syed Ammal Engineering college, Ramanathapuram on 08.10.2023 & 09.10.2023. they Won the III Place and received cash award of Rs.3000, organized by the Syed Ammal Engineering College, Ramanathapuram.
- 15 Womens Students have participated in the Ramanathapuram open District level Women's Tournament Volleyball Championship held at Mohamed sathak Engineering college & v Tem kilakarai on 15.10.2023. they Won the II Place and received cash award of Rs.8000, organized by the Mohamed sathak Engineering college & v Tem kilakarai.



**VOLLEYBALL WOMENS TEAM RNNERS AT MOHAMED SATHAK
ENGINEERING COLLEGE & 'V ' TEAM KILAKARAI**



VOLLEYBALL WOMENS TEAM RUNNERS AT MOHAMED SATHAK ENGINEERING COLLEGE & ‘V ‘ TEAM KILAKARAI

- 25 Womens Students have participated in the Ramanathapuram open Districtlevel Women's Tournament Basketball Championship held at seethakathi sethupathi stadium ramnad on 15.10.2023. they Won the II Place and & IV Place and received cash award of Rs.3000,& Rs.1000 organized by the.



BASKETBALL DISTRICT TOURNAMENT RUNNERS

- 13 Women's Students have participated in Phoneix Marathon Athletic race competition held at sports Association in ramnad on 08.10.2023 organized by the Mohamed sathak kabeer public school ramnad.
- In the District level Phoneix Marathon competition S.Sivaranjini II B.CA Won the II Place and received cash award Rs.2000 in Marathon race held at 08.10.2023 in organized by the Mohamed sathak kabeer publicschoool ramnad.



PHOENIX MARATHON SECOND PRIZE AT MOHAMED SATHAK KABEER PUBLIC SCHOOL RAMNAD.

- In the District level Phoneix Marathon competition Rakshya devi II B.COM Won the X th place and received cash award RS. 500 in Marathon race held at 08.10.2024 in organized by the Mohamed sathak kabeer public school ramnad.
- 17 Women's Students have participated in District level Athletic Championship held at seethakathi sethupathi stadium ramnad. Organized by sports Development Authority of tamilnadu ramanathapuram District Unit on 13.09.2023.
- In the District level Athletic championship S.Sivaranjani II B.CA Won the 1500mts Ist Place and received certificate and medel on 13.09.2023 organized by sports Development Authority Seethakathi sethupathy stadium in Ramnad.
- In the District level Athletic championship k.Kali Janani Won the 1500mts III Place and received certificate and medel Seethakathi sethupathy on 13.09.2023 organized by sports Development Authority stadium in Ramnad.

- In district level Athletic summer coaching camp S.Sivaranjani has participated held at sports Development Authority Seethakathi sethupathy stadium in Ramnad from 01.05.2023 to 15.05.2023
- In District level Athletic arignar anna marathon s.sivaranjani won the 5 km IV place and received certificate and medal on 7.10.2023 held in ECR junction pattinamkathan,ramanathapuram
- Tamilnadu state cross country race /half marathon s.sivaranjani won VII place received certificate and medal on 23 .12.2023 organised by theni district athletic association at periyakulam,theni.
- In the District level Athletic championship G.Rakshaya Devi Won the 400mts III Place and received certificate and medal on 13.09.2023 organized by sports Development Authority Seethakathi sethupathy stadium in Ramnad.



**400 METERS ATHLETICS THIRD PRIZE AT SEETHAKATHI
SETHUPATHY STADIUM**

- In the District level Athletic championship G.Rakshaya Devi Won the Long jump III Place and received certificate and medal on 13.09.2023 organized by sports Development Authority Seethakathi sethupathy stadium in Ramnad.
- In the District level Athletic championship J.Dhivya Won the Long jump First Place and received certificate and medal on 13.09.2023 organized by sports Development Authority Seethakathi sethupathy stadium in Ramnad.



LONG JUMP 1ST PRIZE AT SEETHAKATHI SETHUPATHY STADIUM

- In the District level Athletic championship S.Naveena II Microbiology Won the 400mts III Place and 800mts received certificate and medal on 13.09.2023 organized by sports Development Authority Seethakathi sethupathy stadium in Ramnad.



800 METERS THIRD PLACE ATHLETICS AT SEETHAKATHI SETHUPATHY STADIUM

- In the District level Athletic championship R.Vinothini II Microbiology Won the 400mts III Place and 800mts received certificate and medal on 13.09.2023 organized by sports Development Authority Seethakathi sethupathy stadium in Ramnad.

- In the District level Athletic championship R.Vinothini II Microbiology Won the 400mts III Place and 800mts received certificate and medel on 13.09.2023 organized by sports Development Authority Seethakathi sethupathy stadium in Ramnad.
- In the District level Athletic championship R.Vinothini II Microbiology Won the 400mts III Place and 800mts received certificate and medel on 13.09.2023 organized by sports Development Authority Seethakathi sethupathy stadium in Ramnad.
- In the District level Athletic championship Jayakirthiga II Microbiology Won the First Place and received certificate and medel on 13.09.2023 organized by sports Development Authority Seethakathi sethupathy stadium in Ramnad.



800 METERS SECOND PLACE ATHLETICS AT SEETHAKATHI SETHUPATHY STADIUM

- In the First District level Badminton single women Tournament our college Laksha II B.CA Won third prize they give the received certificate and medel on held at 03.09.2023 in organized by the Raja kumaran sethupathy sports acadamy.



SUB JUNIOR DISTRICT LEVEL BADMINTON TOURNAMENT HELD AT RKS ACADAMEY RAMANATHAPURAM

- In the District level badminton championship 2023 has been organised by RAJA KUMARAN SETHUPATHY SPORTS ACADEMY 3rd place at both singles and doubles S.Laksha from 2nd BCA at 23 October 2023.



SUB JUNIOR DISTRICT LEVEL BADMINTON TOURNAMENT III PLACE HELD AT RKS ACADAMEY RAMANATHAPURAM

- 9 Women's Students have participated on 20th District level chess championship held at Ramnad. Organized by Sports Development Authority of Tamil Nadu Ramanathapuram District Unit on 08.10.2023.

- S.Sivaranjani has been participated at Tamilnadu state level cross country race/half marathon organized by Theni district Athletic Association at Periyakulam,Theni on 23rd December,2023.
- 7 Women's Students have participated in the Tamilnadu Tennis Ball Cricket Association and Ramanathapuram District Tennis Ballball cricket association & Sathak Group of Institution, Kilakarai on 02.03.2024 to 05.03.2024.



NATIONAL LEVEL TENNIS BALL CRICKET AT MOHAMED SATHAK ENGINEERING COLLEGE KILAKARAI

- 12 Women's Students have participated in the District level Women's Volleyball Championship Youth Welfare and Social Welfare and Women Rights Department Ramanathapuram held at Sethupathi Stadium Ramnad on 17.02.2024 .



VOLLEYBALL DISTRICT TOURNAMENT RUNNERS



VOLLEYBALL DISTRICT TOURNAMENT RUNNERS

- 12 Women's Students have participated in the District level Women's Volleyball Championship held at Kalaigar Nootrandu VizhaSeethakathi Sethupathi Stadium Ramnad on 01.02.2024 they Won the II Place and received cash award of Rs.14,400.



KALAIGAR NOORUAADU DISTRICT LEVEL VOLLEY BALL RUNNERS AT SEETHAKATHI SETHUPATHY STADIUM

- 6 Women's Students have participated in the National level Tennis Ball Cricket Tournament held at Goa on 20.05.2024 to 22.05.2024 they Won the WINNER Place and received Medal & Certificate.



NATIONAL TENNIS BALL CRICKET WINNER



NATIONAL TENNIS BALL CRICKET WINNER